EXLECTIO SMALL GROUP GUIDE

Teach Us To Pray: Our Daily Bread

Jeremy Kuehn • August 2, 2026

Scripture: Luke 11:3

Series: Teach Us To Pray

Small Group Guide

Teach Us To Pray: Our Daily Bread

Main Idea: We should trust God for our daily needs and use what He provides to serve others.

Primary Scripture: Luke 11:3

Opening

Today, we're learning about the importance of asking God for our daily bread. Just like we need food to keep us strong, we need God's help every day!

- What is one thing you need help with today?
- Can you think of a time when you had to wait for something you really wanted?

Read

Read Luke 11:3 together.

Observe

- What does Jesus mean when He says, "Give us each day our daily bread"?
- Why do you think it's important to ask God for help each day?

Understand

- How does trusting God daily change how we live our lives?
- What can we learn from the Israelites and the manna they received each day?

Apply

- How can you share something you have with a friend or family member who needs help?
- What is one small way you can pray for God's help each morning this week?
- Think of someone you can encourage this week. How will you help them?

This Week

Take a moment each morning to pray, asking God for what you need that day.

Prayer

Ask God to help you trust Him for your needs and to open your eyes to help others.

Leader Note

Encourage the group to share examples of how they can recognize and use their daily bread to help others this week.